

Walter Reuther Psychiatric Hospital-Pediatrics (Formerly Hawthorn Center)
Michigan Department of Health and Human Services
Psychology Internship Program

Child/Adolescent Clinical Psychology Training Program (Match Number 137311)

Dr. Jaime Wetzel, Director of Psychology Training

The pre-doctoral internship program is accredited by the American Psychological Association - 750 First Street, NE, Washington, DC 20002-4242 (800) 374-2721 or (202) 336-5500

Walter Reuther Psychiatric Hospital-Pediatrics

Internship in Clinical Psychology with Emphasis in Child-Adolescent Clinical Psychology

Training Goal and Objectives

The Clinical Psychology internship at Walter Reuther Psychiatric Hospital-Pediatrics (WRPH-P) emphasizes Child/Adolescent Clinical Psychology and provides interns with a comprehensive, well-supervised clinical experience with children, adolescents and families. During the training year, interns will be integral members of the interdisciplinary treatment team, managing long-term and short-term cases. Interns will be responsible for conducting psychological assessments as well as individual, family and group psychotherapy. Opportunities for specialized assessments include differential diagnosis, autism spectrum disorder, and trauma evaluations. Treatment approaches include cognitive behavioral, applied behavioral analysis, psychodynamic and play therapy, as well as parent-child management training. Interns will also receive training and experience in the area of consultation through frequent interactions with treatment team members (i.e., psychiatrists, nurses, childcare workers, board certified behavior analysts), school personnel and community mental health providers. Consultation will also occur as part of discharge planning for patients, where interns will coordinate with the interdisciplinary team to ensure a successful transition back into the community or residential care. For those interested in Dialectical Behavior Therapy (DBT), an optional 32-hour intensive DBT training is available. Training allows the intern the opportunity to provide individual and/or group DBT and participate in the DBT team for weekly peer support and consultation. The internship program also includes an outpatient treatment component where interns will provide individual and family therapy to children and families in a community-based setting. The outpatient rotation will include weekly case conceptualization meetings with the outpatient psychiatrists and psychiatry residents.

The goal of the pre-doctoral internship program at WRPH-P is to produce graduates who are skilled at managing complex and challenging patients and families, in a manner that honors best practices models, within the institutions and systems that comprise the continuum of care. To this end, we strive to foster interns' growth in competence, compassion, integrity, and adherence to ethical standards; growth in their understanding of the developmental process in children, families, and themselves as clinicians-in-training; growth in a commitment to public service; and growth in their grasp of organizational issues in the mental health delivery system. The program's integrative training approach involves a recursive and seamless relationship between science and practice in which psychologists apply research to their

ongoing clinical practices and are alert to practice issues which present opportunities for generating new knowledge in the field.

Background

Walter Reuther Psychiatric Hospital-Pediatrics is housed in a State of Michigan facility providing inpatient services to children and adolescents ages 5-17. The patient population is comprised of individuals from diverse ethnic and socioeconomic backgrounds. Walter Reuther Psychiatric Hospital-Pediatrics is accredited by The Joint Commission, and has offered training programs in psychology, psychiatry, social work, nursing and special education from its inception (formerly Hawthorn Center). The psychology internship has been accredited by the American Psychological Association (APA) since 1986. The treatment program uses an interdisciplinary team approach. Children at WRPH-P receive individual, group, and family therapy, occupational therapy, recreational therapy, speech therapy and special education services in a comprehensive full-time, year-round on-grounds school. The Walter Reuther Psychiatric Hospital also provides care to an adult psychiatric population. While interns will not provide care to the adult population, they may benefit from adult case presentations, trainings, and journal clubs. Numerous safety precautions prohibit interaction between the adult and pediatric populations, and students will receive training on all policies and procedures.

Primary Site Inpatient Experience

- Child/adolescent pediatric unit within a publicly funded psychiatric hospital serving individuals and families who represent all socioeconomic, ethnic and racial groups from the entire state of Michigan.
- Provides short-term and long-term inpatient care for patients ages 5-17.
- Wide range of psychopathology.
- Major emphasis on psychological assessment, milieu, individual, group and family therapies.
 - If interested, interns will have the opportunity to participate in training/certification for the Autism Diagnostic Observation Schedule, Second Edition (ADOS-2).
- Full-time special education program.
- Interdisciplinary team approach.
- Interns who demonstrate advanced mastery of clinical skills at the end of their first eight months of training may apply to supervise pre-masters' practicum students.
- 3 days at Walter Reuther Psychiatric Hospital, to complete psychological evaluations, participate in seminars, and provide treatment to the WRPH-pediatric population and families.

Outpatient Rotation Experience – Wayne Health

- Wayne State University affiliated training site for psychiatry residency and psychology doctoral interns.
- Interns spend two days per week at Wayne Health outpatient mental health services and carry a caseload of approximately 4 clients.
- Outpatient based program serving children, adolescents, and families.
- Variety of treatment approaches utilized, including individual, group, and family therapies.
- Wayne Health has a strong training mission in the context of the real demands of a managed care setting.

- Treats children and adolescents with a wide range of diagnoses and behavioral difficulties.
- Provides individual, group and family therapy, parent training, psychological assessments, school consultations, medication clinics, and diagnostic evaluations.
- 2 days at Wayne Health to provide outpatient treatment and to focus on report writing and documentation for WRPB-pediatrics.

Processes

Direct clinical service will comprise approximately 60% of internship hours. The following processes will be utilized to attain the training program's goals and objectives:

1. Interns will conduct inpatient psychological evaluations with children aged 5-17. A variety of psychological instruments will be given, including intellectual, visual-motor, academic, personality and projective measures. Interns will create psychological evaluation reports for complex referral questions under the direct supervision of a training program psychologist.

2. Interns will have a psychotherapy caseload of both inpatients and outpatients. Interns will be exposed to the milieu, individual, group and family therapy modalities. Traditional office-based supervision will be conducted weekly, and supervisors will review and approve all therapy progress notes.

3. Interns will attend the following required seminars:

- Advanced Child/Adolescent Seminar and Case Conference presentations within the psychology department (i.e., Autism Spectrum Disorders, Play Therapy, Ethics, Professional Practice, Forensic Assessment, Cultural Humility, Clinical Supervision, Program Evaluation, etc.)
- Psychology Department Journal Club
- Hospital-wide/interdisciplinary Major Conference and Diagnostic Case Conference monthly as scheduled

4. Interns will be expected to complete all documentation (psychology test reports, treatment plans, progress notes, intake reports, letters, and case summaries) in a timely fashion as mandated by agency or departmental policy.

5. Interns will maintain ongoing contact with the treatment team (psychiatrist, social worker, teacher, occupational therapist, child transition team, childcare, and nursing staff, and CMH case manager) as well as attend all treatment team and school meetings pertaining to their patients. In addition to enhancing the quality of patient care, such involvement will serve to enhance the intern's consultation skills.

6. Interns will receive approximately four hours of supervision per week. At least 50% of this time will involve individual supervision with his/her primary psychology supervisor. Clinical group supervision of cases will take place in an interdisciplinary setting with clinicians. Milieu management issues related to inpatients will be supervised by the living area psychiatrist and/or designated fully licensed psychologist.

7. Mutual evaluation of the intern and training program will be conducted twice during the training year, in December and August. Evaluations of interns by supervisors will include competency ratings. Intern evaluations of the training program will include ratings of the program's success in teaching competencies. The program utilizes these mutual evaluations to make both mid-course and long-term corrections in the training model.

Application Requirements

Prospective applicants should have completed 1000-1500 hours (including direct contact, supervision and support) of supervised clinical experience and be familiar with the rudiments of patient contact, test administration, interviewing and psychotherapy. Interested applicants should complete and submit AAPIC (APPIC application for Psychology Internship) online version. No written application materials should be sent. Applications should include the following: (1) a cover letter indicating your interest in the program; (2) a completed APPIC application; (3) graduate transcripts; (4) three letters of recommendation; (5) a psychological and/or neuropsychological testing report on a child/adolescent case; and (6) curriculum vitae. Please refer to the APPIC Directory for requirements for APA approval of your university's program. Students must have candidacy status in their graduate programs prior to beginning the internship. The program only accepts applications through the AAPIC online system.

Internship Stipend, Hours, and Benefits

The Internship year (Beginning on September 3, 2024) stipend is approximately \$64,000. Health care, vision, and dental insurance are provided. Interns are also expected to obtain limited licensure as a psychologist in Michigan and to complete an application for temporary employment through the State of Michigan.

The 2000-hour internship experience requires 50 weeks of full-time (40 hours per week) work, allows for vacation and/or sick days and holidays. Limited additional leave time (e.g., for conference attendance or dissertation work) is negotiated with the program director.

The internship requires a full-time commitment; as such, additional outside employment and/or course work are strongly discouraged, must be pre-approved by the program director, and will be permitted only under unusual circumstances. Given the nature of the internship structure, interns are responsible for transportation between sites.

Selection Process

Application deadline date is November 15.

Step One:

The internship selection committee will review all applications and will rate the applicants for interview. Those applicants who are eliminated from consideration at this step will be notified by e-mail and/or U.S. mail by December 15.

Step Two:

An orientation session, tour of internship site and interviews with faculty members and current interns will be arranged for selected applicants based on their rating. Applicants will receive instructions by email and/or U.S. mail from the internship director regarding the interviews for the program. While telephone interviews can be arranged, face-to-face interviews are strongly preferred.

Step Three:

The internship program will rank-order applicants for acceptance following the interviews. The program will submit its rank ordered list to the National Match Service. The results of the PHASE I match will be posted by NMS on APPIC Match Day.

Interns must pass a criminal background check in accordance with Joint Commission accreditation standards. This background check will be conducted after the Match. Applicants who do not successfully pass this background check will be dismissed from the internship. A misdemeanor offence would not disqualify an applicant from consideration. In addition, interns are required to undergo an employment physical exam and drug testing prior to the start of internship which will be arranged and paid for by Walter Reuther Psychiatric Hospital-Pediatrics.

The internship welcomes applications from under-represented groups and does not discriminate based on race, ethnicity, age, gender, national origin, or sexual orientation.

Complete and submit online AAPI application materials to:

Jaime Wetzel, Ph.D, L.P.
Director of Internship Training
Walter Reuther Psychiatric Hospital-Pediatrics
30901 Palmer Rd.
Westland, Mi. 48186
Office: 248-735-6764
Fax: (248) 349-9552
Program Match Number: 137311

* Every effort will be made to provide the training opportunities as described. Individual components may be subject to amendment based on changes in faculty or program resources.

* The internship program is accredited by the American Psychological Association. Questions related to the program's accredited status should be directed to the [Commission on Accreditation](#):

Office of Program consultation and Accreditation
750 First Street, NE, Washington, DC 20002-4242
American Psychological Association
Phone: (800) 374-2721 or (202) 336-5500 / E-mail: apaaccred@apa.org
Web: <https://accreditation.apa.org/>

* Additional information including training staff descriptions and the program's terminal goals, objectives and competencies associated with these goals, are available by request.

Internship Admissions, Support, and Initial Placement Data

Date program tables are updated: 8/13/2023

Program Disclosures

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|---|---|
| Does the program or institution require students, trainees, and/or staff (faculty) to comply with specific policies or practices related to the institution's affiliation or purpose? Such policies or practices may include, but are not limited to, admissions, hiring, retention policies, and/or requirements for completion that express mission and values. | <input checked="checked" type="checkbox"/> Yes <input type="checkbox"/> No |
| <p>If yes, provide website link (or content from brochure) where this specific information is presented</p> <p>State of Michigan Drug and Alcohol Testing Policy: Regulation 2.07 (michigan.gov)</p> <p>Matched interns are required to apply for temporary state of Michigan employment - link for online application will be provided just prior to internship start date. At the time of application, interns must have proof of licensure and provide copies of their official transcript.</p> <p>Matched interns are required to apply for state of Michigan limited psychologist license and assume all cost for obtaining licensure: Psychology.pdf (michigan.gov)</p> | |

Internship Program Admissions

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| Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements: |
| Walter Reuther Psychiatric Hospital-Pediatrics pre-doctoral internship in child and adolescent clinical psychology aims to provide interns with extensive training in the treatment of complex pathologies and challenging behavioral presentations. Applicants should have completed approximately 1000-1500 hours (including direct contact, supervision, and support) of supervised clinical experience and be familiar with the rudiments of patient contact, test administration, interviewing and psychotherapy. A good fit for our program would entail specific interest in child/adolescent/family treatment interventions and previous training experiences in this area. |
| Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many: 750 hours |
| Total Direct Contact Intervention Hours: N _____ Y ____ x ____ Amount: 500 hours Total Direct Contact Assessment Hours: N _____ Y ____ x ____ Amount: 250 hours |
| Describe any other required minimum criteria used to screen applicants: |
| The balance of Assessment to Intervention hours need not be equal. The program values experience in both and will also review the numbers of integrated child/adolescent reports. Hours include direct contact, supervision and support. |

Financial and Other Benefit Support for Upcoming Training Year

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|--|--------|
| Annual Stipend/Salary for Full-time Interns | 64,000 |
| Annual Stipend/Salary for Half-time Interns | N/A |
| Program provides access to medical insurance for intern? | Yes |
| If access to medical insurance is provided: | |
| Trainee contribution to cost required? | Yes |
| Coverage of family member(s) available? | Yes |
| Coverage of legally married partner available? | Yes |
| Coverage of domestic partner available? | Yes |
| Hours of Annual Paid Personal Time Off (PTO and/or Vacation) | 80 |
| Hours of Annual Paid Sick Leave | 40 |
| In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave? | Yes |
| Other Benefits (please describe): | |
| Dental Benefits, Vision Benefits, Interns may contribute to a 401K plan | |

Initial Post-Internship Positions

| | 2020-2022 | |
|---|------------------|-----------|
| Total # of interns who were in the 3 cohorts | 8 | |
| Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree | 1 | |
| | PD | EP |
| Community mental health center | 1 | NA |
| Federally qualified health center | NA | NA |
| Independent primary care facility/clinic | NA | NA |
| University counseling center | NA | NA |
| Veterans Affairs medical center | NA | NA |
| Military health center | NA | NA |
| Academic health center | NA | NA |
| Other medical center or hospital | 1 | NA |
| Psychiatric hospital | NA | 1 |
| Academic university/department | NA | NA |
| Community college or other teaching setting | NA | NA |
| Independent research institution | NA | NA |
| Correctional facility | NA | NA |
| School district/system | NA | NA |
| Independent practice setting | 2 | NA |
| Not currently employed | NA | 1 |
| Changed to another field | NA | NA |
| Other | 1 | NA |
| Unknown | NA | 1 |